

Brought From Home/Supplied by Office:

- Aluminum foil
- Antacid tablets
- Aspirin & non-aspirin pain relievers **
- Cash, spare change **
- Change of clothing **
- Chlorine bleach
- Comfort items – Books, cards, hard candy **
- Contact lens supplies or glasses, if needed **
- Hand Sanitizer **
- Maps - city and county
- Matches in weatherproof container **
- Mess kit-Disposable plates/utensils
- Needles and thread
- Paper and pencils/pens **
- Paper towels
- Personal hygiene items **
- Plastic garbage bags **
- Prescription drugs **
- Rain gear **
- Signal flares
- Soap **
- Sturdy shoes or boots **
- Toilet paper **
- Towels *

Food and Water Supply Examples *per Person*

- Apple Juice: 2 – 7.5 oz. cans (flip top)
- Granola Bars: 2 bars
- Mixed Fruit: 2 – 4.5 oz. cans
- Pork and Beans: 2 – 8 oz. cans
- Peanut Butter: One small jar
- Smoked or dried meats (beef-jerky)
- Tuna: 2 – 3.25 oz. cans
- Unsalted crackers: 4 oz.
- Bottled spring water: 3 gallons

TOOLS:

- Adjustable wrench, 10in

- Bolt cutters
- Camp hatchet
- Chisel
- Claw hammer
- Crow bar, 18"
- Folding shovel
- Hacksaw & blades
- Nylon tool bag
- Pliers
- Screwdriver set
- Short handle sledge hammer

SUPPLIES:

- Battery operated radio **
- Can opener (non-electric)
- Candles
- Compass
- Duct tape
- Dust masks **
- Extra batteries
- First aid kit (complete)
- Flashlights **
- Leather palmed work gloves
- Lightsticks **
- Plastic Sheeting
- Rope, 100 ft x 1/2 in
- Safety glasses or goggles **
- Signal Flares
- Tarp
- Utility/camp knife
- Whistles **
- Wool blankets or Sleeping Bag

** Every employee should have a kit that includes at least one each of these items

Administration Kit

Pack in a portable, weather-resistant container (backpacks work well):

- Personnel roster/phone numbers
- Disaster response manual and facility map
- First aid kit and manual
- Battery operated radio
- Master keys on neck lanyard
- 2-way radios/extra batteries
- 8 D cell and 16 AA batteries
- 4 whistles
- 4 flashlights
- 4 pairs of leather palmed gloves
- 4 pairs of safety glasses or goggles
- 4 emergency blankets
- 4 light sticks (8-12 hr.)
- 8 dust masks
- 4 rolls of duct tape
- 1 box of 30 gallon garbage bags
- 4 rolls of toilet paper
- 2 rolls of paper towels
- 1 small box of plastic cutlery
- Food and water supply *

This List and others can be found at WWW.teotwawki.savedbyagun.com.